

# MEDICATION REVIEW AT YOUR GP PRACTICE

A medication review is important to check that you are receiving the treatment you need for your clinical conditions and that the medicines you take work well together.



[mymedreview.nhs.uk](https://mymedreview.nhs.uk)

## WHO IS INVOLVED IN A MEDICATION REVIEW?

- You can bring a family member or friend
- Medication review usually involves an appointment with a Clinical Pharmacist or GP at your practice
- Clinical Pharmacists are highly qualified experts in medicines and managing long-term conditions
- Find out about Clinical Pharmacists at <https://bit.ly/Whatisapharmacist>

## WHAT HAPPENS DURING THE REVIEW?

- Each medicine you take will be looked at and discussed
- You can talk about your concerns, ask questions and seek advice
- Changes to your medicines may be suggested by you or your reviewer
- You can discuss and make decisions around the medicines that you use

## HOW TO PREPARE FOR MEDICATION REVIEW

It can be helpful to think about the medicines you take and what they are for. You can write down any questions or concerns you want to talk about. Use this check list and make notes at the bottom of this page. You can find a summary of your medicines on your latest prescription form or on the NHS App, or you can ask your practice for copy.

### What you may want to talk about at the review:

- What each of your medicines is for ☐
- If your medicines are working well for you ☐
- How long you need to take each medicine ☐
- If there are any other medicines available ☐
- What happens if you stop or lower the dose ☐
- Problems with your medicines ☐
- Changes to medicines you wish to make ☐
- Are all of the medicines you take safe for you ☐

### What your reviewer may want to talk about:

- If you know why you are taking each medicine
- Any non-prescription medicines you use
- New symptoms or possible side effects
- How and when you use each medicine
- Problems you have with taking your medicines
- Possible changes which may be helpful

## NOTES TO TAKE TO YOUR REVIEW

